**STEPS** is a domestic violence education program designed to challenge the beliefs and attitudes of women who have been abusive to their partners or ex-partners. **STEPS** works closely with the criminal justice system, advocating that women be held accountable for their abusive behavior. Attending **STEPS** in no way ensures that a person will stop their abuse and violence.

**WHAT is **STEPS**?**

STEPS is a 15-class program with weekly classes (1.5 hours each class).

**WHERE is **STEPS**?**

STEPS classes are located at 449E. Washington St., Syracuse, NY

**Program Cost:**

Fees are on a sliding scale, based on take-home pay.

**For More Information:**

For more information or to register for the next STEPS orientation please call:

(315) 425-0818

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**Core Themes**

- Power & Control Wheel
- Dynamics of Domestic Violence
- Effects of Domestic Violence on Children
- Personal Responsibility & Choices
- Quick Fixes vs. Long-Term Solutions
- Effects of Domestic Violence on our Partners
- Sexual Abuse
- Beliefs and Actions
- Nonviolence Communication Skills
- Timeouts and Positive Self-Talk
- Myths & Realities of Domestic and Sexual Violence
- Red Flags and Deal Breakers
- Questions to Ask Yourself Before Starting a Relationship

For more information about the STEPS Program please visit www.verahouse.org