As a community, we can advocate for stronger support services and take a stand against ageism, which also plays a role in enabling elder abuse. We can learn about the issue and connect with older adults who may be isolated and therefore less able to reach out for support. By doing these things, we can prevent elder abuse and make sure all of us have the opportunity to thrive as we age.

Interested in a presentation for your group or organization?
Contact Vera House at (315) 425-0818 and we can customize a presentation to meet your needs.

Want to volunteer to help?
Join our local Elder Justice Coalition or become a volunteer. Help us achieve our vision of a world free of violence and abuse by contacting our volunteer program at (315) 425-0818 or completing our volunteer application online at verahouse.org.

RESOURCES
Vera House 24-HOUR HOTLINE
(315) 468-3260
TTY Crisis Line (business hours)
(315) 484-7263
verahouse.org
Onondaga County Department of Adult and Long Term Care Services Adult Protective Services
(315) 435-2815
ongov.net/aps
Office for Aging
(315) 435-2362
ongov.net/aging
Information and Referral
2-1-1 or 1-844-245-1922
211cny.com
In Case of Emergency Call 9-1-1
verahouse.org

24-HOUR HOTLINE (315) 468-3260
What exactly is elder abuse?
In a society that values the just treatment of all people, it’s important for all of us to find solutions and to recognize the signs of elder abuse. Elder abuse is an injustice that erodes older people’s safety and dignity by subjecting them to verbal or physical abuse, neglect, financial exploitation or sexual assault.

Contrary to popular belief, elder abuse is widespread and can happen to anyone, and people often experience more than one type of abuse. Though many older adults are abused, most cases go unreported for many reasons, including a lack of social supports necessary to make reporting easier for those who experience abuse.

What does elder abuse look like?
Warning signs include changes in appearance, mood, behavior and routine. There may be unexplained injuries and increasing withdrawal from people and activities. Individuals may not be able to pay their bills, buy food or come to social events. Although elder abuse can occur anywhere, most often it happens at home at the hands of a family member or friend.

If you see these signs, ask questions. The more people who can sense a potential problem, the more likely it will be caught early and addressed.

How can Vera House help?
Vera House has specially trained advocates who can provide emotional support, safety planning and connection to community resources. The Evergreen Support Group is also a great way for older adults to connect with others going through similar experiences.

The 24-Hour Crisis and Support Line is available to ANYONE who needs ideas on how to approach these complex issues. Emergency shelter and counseling services are also available.

Call us anytime, day or night, at (315) 468-3260.