



## LET'S WORK TOGETHER

As a community, we can advocate for stronger support services and take a stand against ageism, which also plays a role in enabling elder abuse. We can learn about the issue and connect with older adults who may be isolated and therefore less able to reach out for support. By doing these things, we can prevent elder abuse and make sure all of us have the opportunity to thrive as we age.

### Interested in a presentation for your group or organization?

Contact Vera House at (315) 425-0818 and we can customize a presentation to meet your needs.

### Want to volunteer to help?

Join our local Elder Justice Coalition or become a volunteer. Help us achieve our vision of a world free of violence and abuse by contacting our volunteer program at (315) 425-0818 or completing our volunteer application online at [verahouse.org](http://verahouse.org).



## RESOURCES

### Vera House 24-HOUR HOTLINE

  
**(315) 468-3260**

Telephone interpretation available  
**TTY Crisis Line (business hours)**

  
**(315) 484-7263**  
[verahouse.org](http://verahouse.org)

### Onondaga County Department of Adult and Long Term Care Services

#### Adult Protective Services

  
**(315) 435-2815**  
[ongov.net/aps](http://ongov.net/aps)

#### Office for Aging

  
**(315) 435-2362**  
[ongov.net/aging](http://ongov.net/aging)

#### Information and Referral

  
**2-1-1 or 1-844-245-1922**  
[211CNY.com](http://211CNY.com)

### In Case of Emergency Call 9-1-1



723 James St., Syracuse, NY 13203  
(315) 425-0818 | (315) 425-8942 F  
[verahouse.org](http://verahouse.org)



This project was supported by Grant No. 2016-UD-AX-0005 awarded by the Office on Violence Against Women, U.S. Department of Justice. The opinions, findings, conclusions, and recommendations expressed in this publication/program/exhibition are those of the author(s) and do not necessarily reflect the views of the Department of Justice, Office on Violence Against Women.

A just society treats older adults with respect.



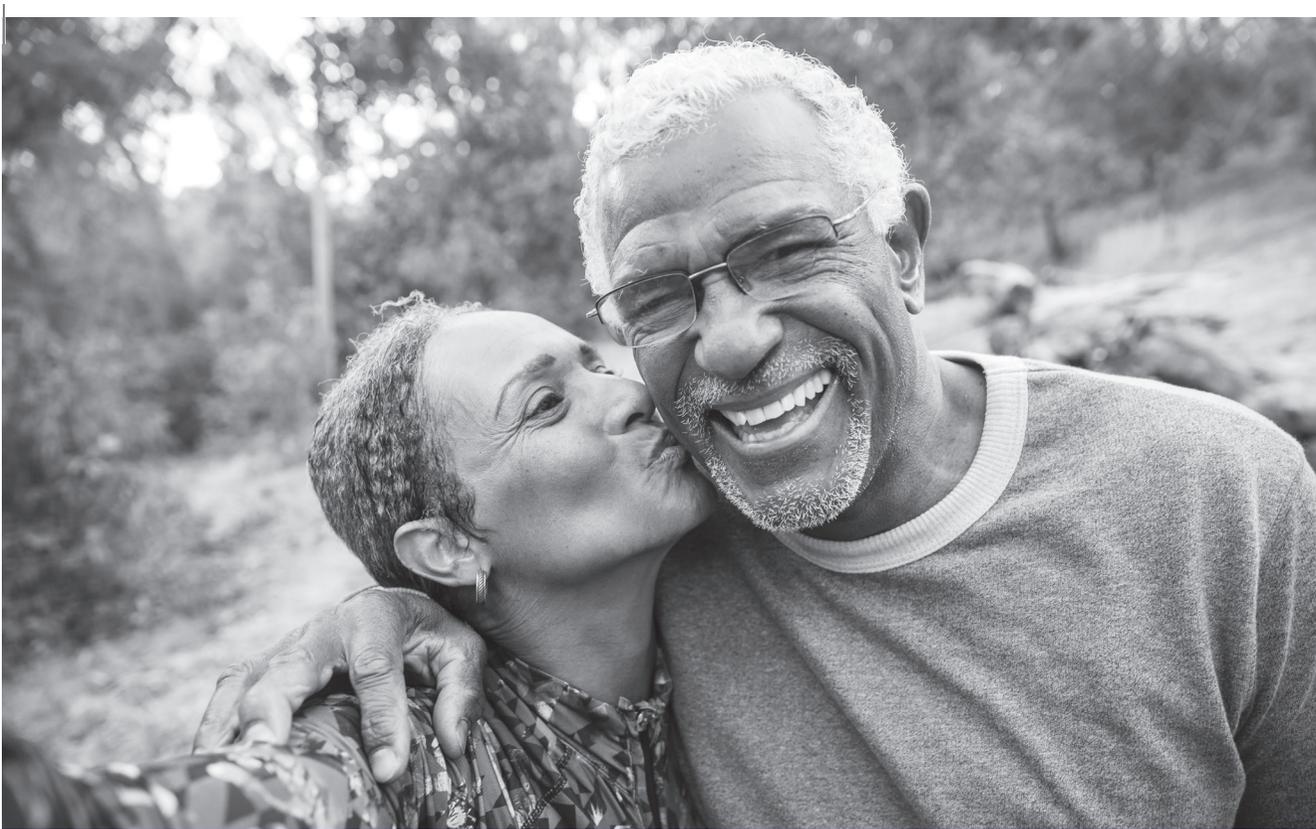
24-HOUR HOTLINE (315) 468-3260



A DIVISION OF



[verahouse.org](http://verahouse.org)



## THINGS TO KNOW

24-HOUR HOTLINE (315) 468-3260

### What exactly is elder abuse?

In a society that values the just treatment of all people, it's important for all of us to find solutions and to recognize the signs of elder abuse. Elder abuse is **an injustice** that erodes older people's safety and dignity by subjecting them to **verbal** or **physical** abuse, **neglect**, financial **exploitation** or **sexual assault**.

Contrary to popular belief, elder abuse is widespread and can happen to anyone; and people often experience more than one type of abuse. Though many older adults are abused, most cases go unreported for many reasons, including a lack of social supports necessary to make reporting easier for those who experience abuse.

### What does elder abuse look like?

Warning signs include changes in appearance, mood, behavior and routine. There may be unexplained injuries and increasing withdrawal from people and activities. Individuals may not be able to pay their bills, buy food or come to social events. Although elder abuse can occur anywhere, most often it happens at home at the hands of a family member or friend.

If you see these signs, ask questions. The more people who can sense a potential problem, the more likely it will be caught early and addressed.

## SERVICES AVAILABLE

24-HOUR HOTLINE (315) 468-3260

### How can Vera House help?

Vera House has specially trained advocates who can provide emotional support, safety planning and connection to community resources. The Evergreen Support Group is also a great way for older adults to connect with others going through similar experiences.

The 24-Hour Crisis and Support Line is available to **ANYONE** who needs ideas on how to approach these complex issues. Emergency shelter and counseling services are also available.

Call us anytime, day or night, at (315) 468-3260.



**EVERGREEN**  
NETWORK

A DIVISION OF

**VERA HOUSE**  
INTEGRATED CARE

[verahouse.org](http://verahouse.org)