

## WHY I VOLUNTEER...

“As volunteer leader of the weekly adult creative support group at shelter I often observe amazing growth in the self-confidence of the residents. As they use their creative skills to complete projects they become more relaxed and share their thoughts and feelings. Volunteering at shelter is a wonderful and fulfilling opportunity.”

- Denneice  
Shelter Volunteer

“I am the calm for men, women and children in crisis. Volunteering at Vera House allows me the opportunity to offer guidance and support for those in need. It is very rewarding and a privilege to be part of the Vera House community.”

- Bianca  
Sexual Assault Volunteer

“As a Vera House volunteer, I get back much more than I give.”

- Sue  
Crisis Call Volunteer

“My volunteering at Vera House has helped me to appreciate the simple act of smiling - and laughing . When I can watch a group of women who have been through some terrible ordeals laugh - really laugh with each other - it makes my week!”

- Taylor  
Shelter Volunteer

For more information on volunteer opportunities with Vera House please contact a Vera House Volunteer Coordinator at

 **315-425-0818**

or visit our website

[www.verahouse.org](http://www.verahouse.org)

and follow the links to our volunteer application.

**24-Hour Crisis & Support Hotline**

 **315-468-3260**

**TTY Crisis Line (business hours)**

 **315-484-7263**



**Vera House, Inc.**

*Administrative & Outreach Offices*

**6181 Thompson Road / Suite 100 •  
Syracuse, NY 13206 •  
phone: 315-425-0818 •  
fax: 315-425-8942 •  
[www.verahouse.org](http://www.verahouse.org) •**

# Volunteer Program



## VOLUNTEER OPPORTUNITIES

**24-HOUR HOTLINE**

 **315-468-3260**

**VERA HOUSE**  
INCORPORATED



“My role as a sexual assault advocate has taught me life skills that I never would have been able to attain through a textbook. Being part of Vera House’s volunteer program has truly given me a sense of belonging and pride knowing I have the ability to positively make a difference in someone’s life.”

- Kristen  
Sexual Assault Volunteer Advocate



“I volunteer at Vera House because of the satisfaction I get from helping people; something I did not get while working 40 years in industry. Whether it’s helping a 13 year old boy sign up for Pop Warner football and seeing the excitement in his eyes, or when I received the best “flowers” I had ever seen, a handful of leaves, for helping a child with her homework, or assisting with an order of protection knowing that I just helped to give someone peace of mind is very rewarding. These are the great feelings I get as a volunteer for Vera House.”

- John  
Crisis Call, Family Court & Shelter Volunteer

**To learn more about volunteer opportunities with Vera House, please visit our website at:**

**WWW.VERAHOUSE.ORG**



## Vera House Volunteer Opportunities

### CRISIS/SUPPORT LINE VOLUNTEERS\*:

Daytime coverage of crisis/support line, providing emotional support, information and advocacy regarding domestic violence and sexual assault.

### SEXUAL ASSAULT VOLUNTEER ADVOCATES\*:

Nighttime and weekend coverage of crisis/support line and advocacy at area hospitals and police stations.

### FAMILY COURT VOLUNTEERS\*:

Daytime coverage assisting individuals in completing orders of protection and/or custody petitions at family court.

### SHELTER VOLUNTEERS\*:

Daytime and evening coverage providing general support and assistance to survivors of domestic and sexual violence residing at Vera House shelters.

### ADDITIONAL VOLUNTEER OPPORTUNITIES:

Assist with a variety of tasks that support the agency, staff at the shelters and/or the Vera House office.

- Pet Foster Care
- Wrapsody
- Clothesline Project
- White Ribbon Campaign
- Health Fairs
- Conference Assistance
- General Office Assistance

*\* Direct Service Volunteer opportunities require 20 hours of classroom training and a 1 year time commitment.*