



Creating



Safe Futures



Together.

24 Hour Support

315-468-3260

723 James Street Syracuse, New York 13203

Quick Safety Check

Ask Yourself

- ✓ Does someone threaten, frighten, or isolate you?
- ✓ Control where you go, who you see, or your money?
- ✓ Hurt, shove, or restrain you?
- ✓ Pressure you into sexual activity?
- ✓ Damage mobility or communication aids?

If you answered **“yes”** or are **unsure**, you deserve support. Call, chat, or visit us anytime. **You are not alone.**

After a Sexual Assault

- ✓ Find a safe place.
- ✓ Seek medical care. Sexual Assault Nurse Examiners are on call 24 / 7 in every Onondaga County emergency department.
- ✓ Call Vera House for confidential advocacy and healing resources.
- ✓ **Remember:** it was NOT your fault.

Who We Are

For nearly five decades, Vera House has been both a sanctuary for survivors and force for change.



Mission

Prevent, respond to, and partner to end domestic and sexual violence and other forms of abuse.



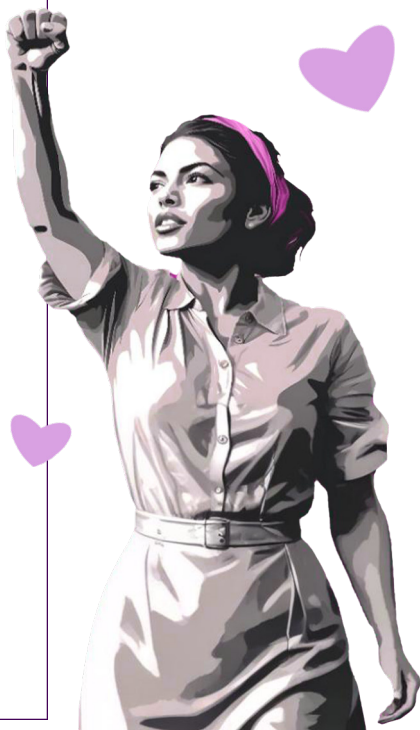
Vision

A world free of violence and abuse.



Programs & Services

- ✓ 24 hour crisis line, TTY, & secure webchat.
- ✓ Emergency shelter for adults, children, and pets (foster network).
- ✓ Safety planning, advocacy, and civil/criminal justice support.
- ✓ Licensed counseling and peer support groups.
- ✓ Sexual Assault Nurse Examiner (SANE) medical response.
- ✓ Youth and family counseling.
- ✓ Accountability groups for people who have caused harm.
- ✓ Prevention and education for schools, workplaces, and faith communities.



How We Help

Compassionate listening: every call is answered by a trained advocate who believes you.

Personal safety planning.

Practical steps tailored to your needs.

Healing and empowerment through therapy, peer connection, and holistic resources.

Community coordination: navigating hospitals, police, and social service systems so you're not alone.



We welcome survivors of every

age, race, gender identity,
sexual orientation, ability, faith,
& immigration status.



Join the Movement

♥ Learn

Invite our educators to your school, workplace, or place of worship.

♥ Give

Your gift provides shelter nights, counseling sessions, and prevention programs. Make a one time or monthly donation at verahouse.org/donate.

♥ Volunteer

From everyday support to special events, your efforts make a difference.

♥ Wear the ribbon

Show your commitment during the White Ribbon Campaign (April) and Domestic Violence Awareness Month (October).

Together we create a safer
Central New York



Reach Us Anytime



🕒 8:30 AM - 5:00 PM
(business hours)

Secure WebChat

♥ VeraHouse.org/
online-chat-service

24 Hour Support 315-468-3260

Administrative & Outreach Offices

📞 315-425-0818
🌐 VeraHouse.org

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@VeraHouseInc