

**What you can do
if you or someone
you care about is a
male victim of sexual
assault or abuse:**

**CALL THE
VERA HOUSE
24-HOUR CRISIS &
SUPPORT HOTLINE**

☎ 315-468-3260

**TTY CRISIS LINE
(business hours)**

☎ 315-484-7263

**24-Hour Crisis & Support
Hotline**

☎ 315-468-3260

TTY Crisis Line

☎ 315-484-7263 (business hours)

**Outside Syracuse
& Onondaga County**

**New York State
Domestic & Sexual
Violence Hotline**

☎ 1-800-942-6906

www.opdv.state.ny.us

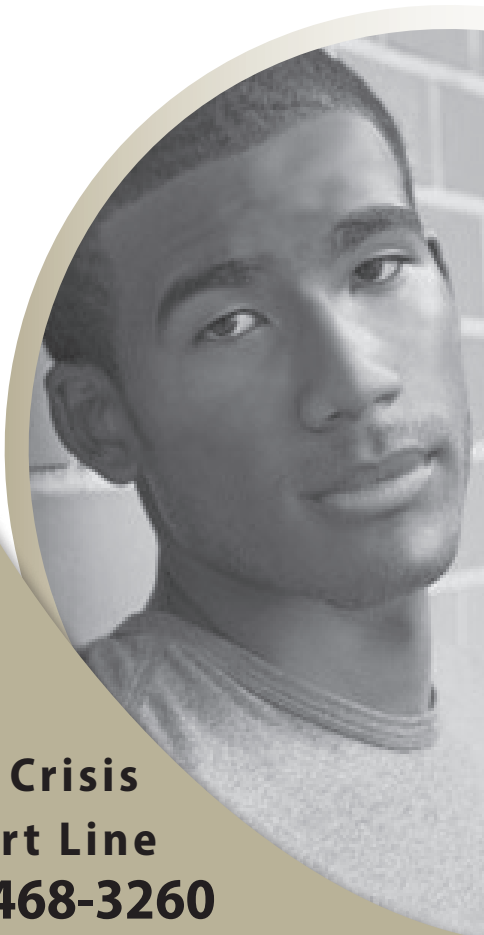
**R.A.I.N.N.
Rape, Abuse & Incest
National Network**

☎ 1-800-656-HOPE

www.rainn.org



**It Happens
to Men, Too...**



Vera House, Inc.

Administrative & Outreach Offices

**723 James Street
Syracuse, NY 13203
phone: 315-425-0818
fax: 315-425-8942
www.verahouse.org**



**24-Hour Crisis
& Support Line
☎ (315) 468-3260**

funded by:
New York State Office of Victim Services
NYS Office of Children & Family Services
Onondaga County
State of New York
Private Donations



WHAT IS MALE SEXUAL ASSAULT OR ABUSE?

- It may be any type of forced or coercive sexual contact.
- This includes fondling and oral sex.
- Most victims are assaulted by someone they know and trust.



HOW COMMON IS MALE SEXUAL ASSAULT?

At least **ONE IN TEN** males is the victim of sexual assault or abuse at some point in their lives.

Many male victims have remained silent about their experiences out of fear, shame and guilt.

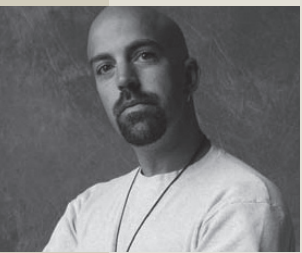
But men are coming forward in increasing numbers to seek healing from sexual assault/abuse.

Vera House is honored to offer comprehensive services to male victims of all ages, and to support them with counseling and education, individually and in group settings.



WHAT KIND OF HELP CAN I GET AT VERA HOUSE?

- We offer free, specialized individual counseling and advocacy services for male survivors.
- Survivors may also receive education, support and healing through our Adult Male Survivors' Group.



A male sexual assault survivor speaks...

"I would like to thank Vera House for helping me to help myself. I would also like to tell the men in our Survivor's Group how much I appreciate them. We laugh, cry, learn, and most of all - heal and learn to trust. This is a group of brave men and I would not be the MAN I am today if it were not for them."



WHAT CAN I DO IF I AM A VICTIM OF SEXUAL ASSAULT OR ABUSE?

Call our 24-hour
Crisis & Support Line:

☎ 315-468-3260

Any time - day or night
YOU ARE NOT ALONE

We are always ready to help

